

BE QUIET AND LISTEN

A JOURNEY TO HEAR GOD SPEAK

SEPTEMBER - OCTOBER 2025

WELCOME

Welcome to the September & October edition of the Be quiet and listen journal experience!



For the next few months' newsletter and blogs we will be doing a deeper dive into the God as our Shepherd. When we look at scriptures, there are various places where God is referred to as a Shepherd, with the most known passages found in Psalm 23, with Jesus also saying he is our shepherd.

Dive into the introduction of this series on page 2.

If you like receiving these newsletters and blog posts, share them with a friend.

May your comings and goings be blessed!

Catherina

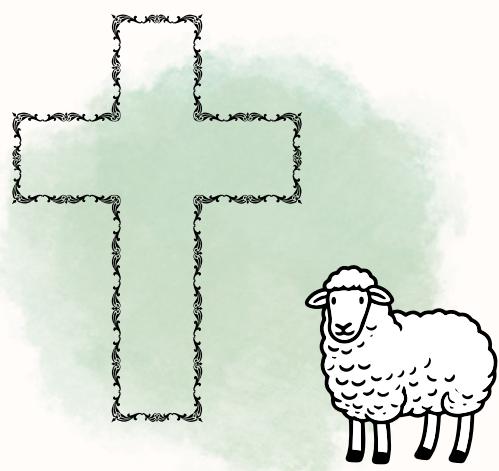
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BLOG



[The Caring Shepherd](#)





JOURNAL EXPERIENCE

OUR SHEPHERD: FACETS OF A SHEPHERD

WHO IS GOD AS OUR SHEPHERD?

DO YOU EXPERIENCE YOUR SHEPHERD AT WORK IN ALL AREAS OF YOUR LIFE?

For this journal experience, take your journal and answer the questions posted in each blog post.

Subscribers will receive a separate email with a link to a free download page where you can download a pdf journal to make entries easier and keep it all in one place.

EXTRACT FROM THE CARING SHEPHERD

In this Psalm, David describes everything a good shepherd should be that is found in God as his shepherd:

- Provision
- Rest and peace
- Renewed strength
- Guidance
- Protection
- Blessings
- Unfailing love.

Want to read more?

Check out the blog page at

be-quiet-and-listen.com/blog/

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