

BE QUIET AND LISTEN

A JOURNEY TO HEAR GOD SPEAK

JANUARY - FEBRUARY 2026

WELCOME

Welcome to the January - February 2026 edition of the Be quiet and listen journal experience!



Welcome to 2026! As we start off in this new year, I am reminded that we can trust in the Lord to direct our paths as we gain wisdom through studying his word and dedicate all we do to Him. I'm reminded that the Lord is doing a new thing, that doors are opened to us that no-one can shut and as we seek His Kingdom first, he will provide all we need to live an abundant life.

If you like receiving these newsletters and blog posts, share them with a friend.

May your comings and goings be blessed!

Catherina

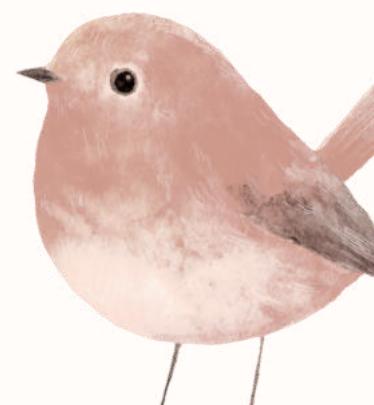
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BLOG



Letting go of fear





JOURNAL EXPERIENCE

IN THE GARDEN

Stepping out into the garden with God

DO YOU TRUST GOD WITH EVERYTHING?

To trust is :

“to believe that someone is good and honest and will not harm you, or that something is safe and reliable”

Cambridge Dictionary

As a mother of two children who are entering into the next phases of their lives (that of being young adults) I've been challenged with letting go a lot these past few months.

In my heart I want to keep them close, but I have to accept that they need to find their own identity in Christ, and that won't happen if I keep holding on instead of letting God work in their lives. Trusting that He cares for them and wants only good things for them.

Just as I have to trust God with pruning me into the person he made me to be, I have to trust in him to do the same for my children.

In the next few blog posts I will take you on my journey of trusting in the Lord since being born again in 2014. It is my hope that through my testimonies, you will be greatly encouraged in your walk with the Lord.

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