

BE QUIET AND LISTEN

A JOURNEY TO HEAR GOD SPEAK

MARCH - APRIL 2026

WELCOME

Welcome to the March - April 2026 edition of the Be quiet and listen journal experience!

As we step into autumn and the leaves of the trees start to change their colour, I sense that in this new season a change is coming for each one of us. Whether it is an opportunity to grow closer to the Lord as the busyness of summer calms down, or a chance to reflect on all the good things the Lord has done in our lives, we can be sure that the Lord is doing a good work within us, preparing us for what comes next.

May this encourage you to keep on waiting on the Lord and keeping your ears open to his voice to direct your steps.

Catherina

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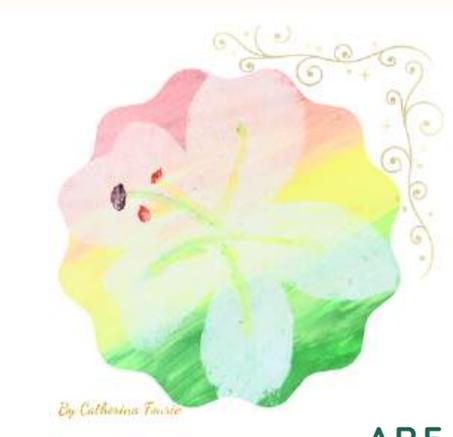
BLOG



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[Overcoming challenges: God-given passions and divine encounters](#)



JOURNAL EXPERIENCE

FREEDOM IN EVERY SEASON

Finding True Freedom in Christ

ARE YOU LIVING IN FREEDOM?

John 8:32 KJV:

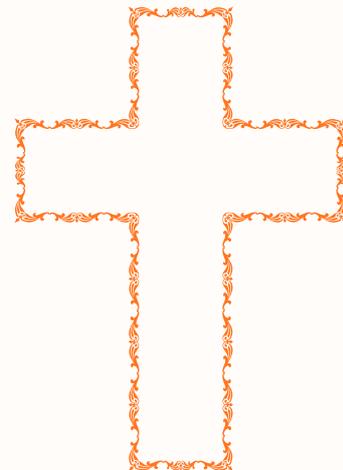
“and ye shall know the truth, and the truth shall make you free.”

Fundamental truths that we should know and accept includes (but are not limited to):

- That God loves us
- That we have an identity in Christ
- That we are forgiven

In the next few blog posts we'll talk about:

- what it means to be free, and
- how we can maintain our freedom



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