



BE QUIET AND LISTEN

A JOURNEY TO HEAR GOD SPEAK

SEPTEMBER - OCTOBER 2026

WELCOME

Welcome to the September - October 2026 edition of the Be quiet and Listen journal experience!

Starting a new journey is exciting and scary at the same time. These past two months I really felt stretched to think in new ways.

I kept on being reminded of Proverbs 16:9 KJV "A man's heart deviseth his way: But the LORD directeth his steps."

Earlier this year the Lord told me to set the course: to start working towards a new direction. Where he has lead me is not what I imagined. In 2015 I had a desire to become a business coach. In 2016 I let go of that dream, because of circumstances out of my control and neatly packed it away. This year, the Lord has placed that desire in my heart again.

In order to go where the Lord leads, changes had to be made. One such a change was closing down the Be Quiet and Listen shop. It was hard, hours of work was put into it, but it was necessary.

This month, I want to encourage you to dream again. The Lord has amazing plans for us. Let him direct your steps.

Catherina

You are receiving this newsletter because you have subscribed to Be Quiet and Listen.

If you like receiving these newsletters and blog posts, share them with a friend.

FROM THE BLOG

Made with a purpose

Reaching for new things



JOURNAL EXPERIENCE

Dream: Live expectantly



THE LORD HAS GOOD PLANS FOR YOU!

Ephesians 3:20-21 KJV

"Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us, unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen"

Spring time is a good time of year to ask the Lord for a fresh revelation. To ask Him to show you the path that He wants you to take.

Commit to talk to the Lord daily about your personal journey. Thank him for all that he has done in the past and will do in your future. Uplift others in prayer to Him. Take one day at a time and walk in obedience where his Spirit leads you!

Want to read more?

Check out the blog page at

be-quiet-and-listen.com/blog/

Not a subscriber?

Subscribe at

be-quiet-and-listen.com

